



Forte Music Studio

7th Annual 30-Day Practice Challenge

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|--|--|--|--|--|--------|
| Day 1 | Day 6 | Day 11 | Day 16 | Day 21 | Day 26 |
| Day 2 | Day 7 | Day 12 | Day 17 | Day 22 | Day 27 |
| Day 3 | Day 8 | Day 13 | Day 18 | Day 23 | Day 28 |
| Day 4 | Day 9 | Day 14 | Day 19 | Day 24 | Day 29 |
| Day 5 | Day 10 | Day 15 | Day 20 | Day 25 | Day 30 |
| Video Week 1 | Video Week 2 | Video Week 3 | Video Week 4 | Video Week 5 | |
| Bonus Video 1 Easy peasy, play your piece with a fun hat on! | Bonus Video 2 Play one hand of your piece while you eat a snack with the other Singers/guitarists balance that snack on your head.! | Bonus Video 3 Double Down! First, play your piece twice as SLOW, then try it twice as FAST! | Bonus Video 4 1. Change the mood of your piece-dynamics, register, tempo.... 2. Rename your piece. 3. Play your 'new' piece standing on one leg! | Bonus Video 5 Teach part of your piece to someone else in your house. Can be one hand one phrase, and play together! | |

30-DAY PRACTICE CHALLENGE

April 29 - June 5, 2024

- Complete 30 days of your assigned practice by June 5th. (There are 6 days grace for travel, illness or busy days)
- Notate each full practice on your individual practice chart, initialled by a parent/guardian when your practice is complete.
- Add your practices to the main poster at the studio when you're at your lesson to track your progress!
- Send us 1 video each week - a *sample* of your practicing so we can see and hear your progress:) Videos only need to be 30-60 sec. and can be submitted to admin@fortemusicstudio.com Please use the hashtag #fortemusicpracticechallenge if also sharing on IG/FB
- Students who complete the challenge will be entered in the draw to win lots of fun prizes which will be awarded at the year-end recitals on June 15th!
- Complete the 5 BONUS videos to be entered in the Bonus Draw! These are just for fun and don't take long - enjoy the process.
- If you have any questions, please ask your teacher or send to sonia@fortemusicstudio.com

